



World Food Programme

PAKISTAN

Monthly Operational and Monitoring Report AJK Rural Support Program

Province: AJK

Month: November, 2014

PRRO-200250

WFP AJK At a Glance: November, 2014

Target Districts	Muzaffarabad, Hattian, Neelum & Haveli
Humanitarian Hubs	
Camps	
Other Distribution Points	84
Cooperating Partners	AJKRSP
Staff (International : National)	

HIGHLIGHTS

- Screening, referral and distribution process continued in four districts.
- A total of 217000 cases have been screened so far out of which 79000 PLWs and 138000 children were examined.
- Out of total cases examined, 26200 PLWs and 38120 children found malnourished.
- During reporting month a total of 5437 MAM children including 644 newly registered have been distributed food.
- A total of 7600 PLWs also received food out of which 21 were newly registered during month of November.
- Hence, a total of 61.151 MT food distributed during the month of November 2014.
- In targeted districts, monthly coordination and progress sharing meetings were also conducted with district health department.
- Along with distribution of supplementary food, door to door follow up visits and meetings with community groups are the important activities carried out during month. The social organizers have conducted meetings with mother support groups to sensitize them about issues of malnutrition in their area.
- A total of 348 mother support groups are involved in meetings and focus group discussions to identify the problems of mothers and children. These groups have provided a window of opportunity to mothers to share and resolve their health related problems by adopting health seeking behavior. Groups formed are actively participating in general awareness of community. In this connection regular sessions and sittings are held with these groups to exchange ideas regarding promotion of healthy nutrition and hygiene practices. Field teams involved these groups for counseling of targeted community about utilization of local nutritious recipes which is a way forward in preventing malnutrition at large. Field reports indicate that such interventions left great impact as cure rate recorded very high.

Situation Overview

As of November, 2014, a total of 217000 Pregnant and Lactating Women (PLW) and children have been examined for their nutritional status including 79000 PLWs and 138000 children in four targeted districts. Out of total screened cases, 26200 PLWs and 38120 children were found malnourished which indicates a higher ratio of malnutrition in targeted areas. Similarly, during November, 2014, after having treatment, a total of 2886 children have been discharged from the program. In which 2787 have cured, while the rest remained non-recovered which indicates 96% of cure rate as of end of November, 2014. Similarly, 2 PLWs have also been discharged from program in default category.

Progress Updates

Progress for the month of November is given in the table below:

District	Beneficiaries			Food (MT)			Remarks
	Planned	Achieved	% achievement	Planned	Distributed	% achievement	
Muzaffarabad	6550	5367	82	29.07	25.24	87	
Neelum	3900	3130	80	17.79	14.99	84	
Hattian	2550	2404	94	11.56	11.07	96	
Havali	2510	2136	85	11.01	9.85	89	
TOTAL	15510	13037	85	69.44	61.151	89	

Operational Issues

Intimation has been received from health department about distribution of SAM food. The LHWs training is still pending while during OTP training it was finalized that National Program will be responsible for OTP component. Also the distribution of SAM food is subjected to provision of stationary, transportation and reporting mechanism therefore AJKRSP is not able to operationalize it. The accessibility of beneficiaries is becoming tough in winter.

MONITORING FINDINGS

AJKRSP consistently involves community networks, community elders and the beneficiaries to regularly oversee and monitor the field activities. In addition to this, the combined field visits of AJKRSP monitoring staff along with representatives from health departments are facilitated on frequent basis so as to seek in time technical guidance and strengthen the process of cross verification and confirmation of achievements. For this purpose, a series of review meetings are also organized at BHUs, district and national level to get regular feedback from all stakeholders so that in case of any deviation, the timely corrective measures could be taken to keep the project on track.

Following are the key findings have been observed during the month of November, 2014:

- Three new sites were added in district Muzaffarabad those will cover the left over areas.
- The coordination between health department and AJKRSP has substantially improved in recent period.
- Trainings for LHWs along with distribution of MUAC Taps have been carried out during reporting month.
- Seminars, campaigns and walks were also conducted to change the community behaviors about health.
- Door to door follow up visits and meetings with support groups proved to be very helpful in awareness raising of community.
- The provision of treatment with supplementary food to both mothers and children has significantly improved the health status of targeted group.
- The recovered cases after treatment and success stories from field are leaving positive impact at large in sensitizing the community to utilize proper food and exercising healthy practices..
- Weekly and monthly meetings of CNP staff with respective BHU staff have improved coordination.
- LHWs are actively taking part in screening and referral process.
- The cure rate of MAM children recorded 96%.
- Non cure rate reported low due to proper utilization of food and other activities like door to door follow ups, meetings with support groups and awareness sessions in community
- The beneficiaries expressed higher level of satisfaction to the distribution process
- Still there is high ratio of malnourished children and PLWs in the target area
- Relapse cases reported very low indicating positive impact
- The ratio of MAM children found higher in the field while the proportion of SAM children remained low in the targeted area. So far only 1205 SAM children found out of total screened cases in the four targeted districts.

OPERATIONAL PLAN: [December, 2014]

District	Total Beneficiaries		Total	Total Food Requirement (MT)
	MAM	PLW		
PRRO 200250				
Muzaffarabad	2800	3250	6050	27.57
Hattian	1250	1350	2600	11.72
Neelum	1900	2100	4000	18.09
Havali	1400	1200	2600	11.28
Total	7350	7900	15250	68.66

Summary of District Wise CNP Initiative (SFP/OTPs) November, 2014

District	Planned SFPs	Functional SFPs	Planned OTPs	Functional OTPs
Muzaffarabad	36	33	-	-
Neelum	24	24	-	-
Hattian	14	14	-	-
Havali	13	13	-	-

Seminars/Case Studies & Social Mobilization Activities

The field team of BHU Chinari came across Tehzeem bibi an inhabitant of village chunnian during screening. The team came to know that Tehzeem bibi is an illiterate whose husband is just hand to mouth earner. Further due to low income and illiteracy Tehzeem bibi was not able to provide nutritious demand and required care to her children. Mahnoor a 10 month old child of Tehzeem bibi was indicating the poor status of family. When Mahnoor was assessed for nutritional status she was



found in critical status of malnutrition with MUAC 11.8 cm. The field team referred the child at BHU Chinnari for treatment where the nutrition assistant after recording the history enrolled the child in SFP on 14th April, 2014. The nutrition assistant impelled Tehzeem bibi to take care of her child for the sake of early recovery. Tehzeem bibi was told about importance of health for child and its impacts in long run. Tehzeem bibi was also looking worry about the weak stature of her child. She committed to take all possible measures along with supplementary food for her child.

During follow up visits the social organizer of the catchment area used to visit Tehzeem bibi for assessing the updated status of child and counseling of mother. The team recorded a positive change during the stay of child in program and after four month stay in program Mahnoor was looking very healthy. During her last visit on 20th August, 2014 Mahnoor was discharged from programme as cure with MUAC 13 cm.

Upon Mahnoor recovery her mother stated that it gives her immense pleasure and satisfaction to look her kid healthy and



energetic. She added that there is no alternate of Acha mum provided by UNWFP and AJKRSP. She claimed to fix all measures and education provided by team working in area. She also committed to ensure and continue these practices of hygiene, breast feeding, care and education in future.

One Day Seminar on Health & Hygiene and importance of balance diet in District Haveli

On 27 November 2014, one day seminar on community health and hygiene was conducted by BHU Hallan Shamali team at Govt. Boys High School Hallan Shamali. The seminar was planned to organize for raising the awareness of community and to bring the attention of key stakeholders and other organizations working in the area about worst scenario of malnutrition. Local support organization UC Kalamula, LHWs and nutrition committees of the villages took leading role in the seminar and ensured the participation of mothers and HH representatives in seminar. The seminar started at 10:00 AM with following objectives.

- To aware the participants about malnutrition and its causes.
- To give knowledge to participants that why hygiene is important for health.
- To raise knowledge of participants about balance diet approach.
- To prepare the participants for playing their role in fight against malnutrition in their areas.
- And finally to establish a link between nutrition committees and stakeholders.

A large number of mothers, community activists and students participated in the seminar. The representatives of health department, PPHI, National Program and different NGOs especially appeared in the event. The district management of AJKRSP Haveli facilitated the event. Through brief inside of the event the targeted audience has gained a useful knowledge that will help them in exercising the prevention practices against malnutrition. Following are the considerable outputs of the event.

- A total of 23 females, 167 school going children and 29 members of different organizations and support groups participated in seminar.
- The understanding of audience about malnutrition, its causes and consequences has increased.
- The participants are now well prepared to understand and exercise health and hygiene practices.
- The participants received comprehensive knowledge on importance of IYCF and weaning.
- The seminar enabled participants to know the importance of right food at right time for all.
- The linkages between nutrition groups and other stakeholder developed during the seminar.

- A total of 6 persons have been given certificates of excellence for their exemplary role in CNP. Three members of nutrition committees, BHU Incharge, LHS of the area and one of the LHWs were among the participants those received the certificates.

The Pictorial View of Seminar



Nutrition Awareness Walk at Pattika District Muzaffarabad

Nutrition awareness walk was organized by BHU Pattika team on 8th December 2014. The walk started from main Bazar Pattika and closed at BHU Pattika. A large number of community members, representatives of support groups, school and college students, administration of Tehsil Pattika, members of local support organization, trade union and media persons joined the walk. Following are the objectives achieved through walk.



- The awareness of community, students, media and other stakeholders has increased about malnutrition.
- CNP has been introduced as leading community program to treat and prevent malnutrition.
- Different organizations and stakeholders have been involved to promote public health awareness in their areas.
- The stakeholders were mobilized to play role in their areas during measles vaccination week from 8th to 20th December.



Medical Camp Organized By AJKRSP with Support of Population Welfare Department

Free medical camps were organized by Community Nutrition Program teams with the support of Population Welfare Department at BHUs Niazpura and Punjkot. The basic objective of the camps was to provide free health treatment to community. The CNP teams facilitated the community to visit BHU for treatment. A large number of children elderly persons and women visited the camps for their treatment. Both BHUs cover the remote population where most of the population remain deprive from health facilities therefore the free camps provided an opportunity to those who were suffering from one or other disease. A total of 120 persons received treatment and medicines in camps including 80 females and 40 children.

Pictorial View of Medical Camps



UNMOGIP Visit of BHU Khalana

BHU Khalana is situated near Line of Control where the inhabitants are deprived and under privileged. The community nutrition program is operational and providing nutrition assistance to remote and under privileged population of the area since last one and half year. Due to LOC the UNMOGIP missions use to visit the area frequently. On visiting the area dated 6 December 2014 the mission was briefed about CNP by community upon which the mission visited BHU Khalana and conducted a meeting with CNP team. The mission really appreciated the setup of nutrition program for such remote and vulnerable population. . The mission visited comprised of Mr. Gagulic Andro from Croatia, Mr. Kim jong yun from South Korea and Mr. Andrew from Sweden.



