



World Food Programme

## PAKISTAN

### Monthly Operational and Monitoring Report AJK Rural Support Program

Province: AJK  
Month: July, 2013  
PRRO-200250

#### WFP AJK At a Glance: July, 2013

Target Districts	Muzaffarabad, Huttian, Neelum & Haveli
Humanitarian Hubs	
Camps	
Other Distribution Points	77
Cooperating Partners	
Staff (International : National)	

#### **HIGHLIGHTS**

- 5 days Training of Trainers (TOT) on Community Nutrition Program (CNP) was completed during the month of July 2013. The training was jointly organized by WFP, UNICEF and WHO in which a total of 15 master trainers from AJK Rural Support Program were trained.
- Recruitment of project staff has also been completed and the recruited staff was initially engaged in facility and district level planning and orientation during the reporting month.
- Offices in all four districts (Muzaffarabad, Neelum, Haveli and Huttian) have fully been established, furnished and equipped with necessary apparatus, furniture and IT related equipments.
- Warehouses were also established in all four targeted districts during the reporting month.
- 1 coordination meeting with district level health departments have been conducted in each targeted district with an aim to jointly plan project activities.
- All necessary operational arrangements and planning for upcoming step down training have completed. The detailed training plan has already been shared with WFP field office Muzaffarabad.
- Initial project planning and staff orientation exercise has conducted at both district and facility (BHU) level in all four target districts.
- In each targeted district, a pre-test screening exercise was conducted under the supervision of the staff who participated in TOT. The prime purpose of this exercise was to practically experiment the tools and techniques learned in TOT and to be shared the lessons in the upcoming step down trainings.

#### **Situation Overview**

The state of Azad Jammu and Kashmir portrays a gloomy picture in terms of health and nutritional status of its population. It has been observed that the young children and women are among the most vulnerable groups from nutritional point of view. The National Nutrition survey, 2011 shows an alarming nutritional situation in this respect. The results reveal that 32 percent of the child population in the state is stunted, 18 percent wasted while 26 percent children are underweight. This clearly indicates that Azad Jammu and Kashmir is under a chronic malnutrition situation over a decade.

Recent field assessment by project staff shows that there is a high ratio of malnourished children exists in AJKRSP target areas. In district Neelum, during a pre-test exercise, 20 children in the age of 6-59 months were found malnourished out of a total of 90 screened children. Similarly, in district Haveli, 26 children were calculated in the state of malnutrition out of 190. Similarly, in the other two districts (Huttian, Muzaffarabad), the pre-test exercise is underway and the results from these areas will be shared as soon the exercise is completed. While, It is important to mention that even though, the above pre-test exercise was conducted in the areas those have comparatively easy access and are relatively in better socio-economic condition, the existing situation depicts the worst scenario in the area from the perspective of nutritional status.

Moreover, it has also been observed that, under-nutrition is one of the main causes of death among infants and young children in the targeted areas. Those who survive have less capacity to learn and gain education which eventually harms their productivity at adulthood, thus impact negatively on economy. This undernourishment causes inabilities those affect performance at all stages of life. The other issues observed in the target area related to malnourished children are micronutrient deficiency including iron, anemia and vitamin A&D.

The period from beginning of pregnancy to 24 months of age and then till 60 months are critical for nutrition. Women in pregnancy requires special nutritional needs and after giving the birth she requires energy and nutrients to make her breasts milk nourishing to her baby. Similarly, young children need good quality nutrition to provide them opportunity to grow and develop their mental and physical abilities to full potential. Otherwise, it can be compromised forever. Therefore, AJKRSP with the support of WFP has started Community Nutrition Program (CNP) which directs all its focus at mother and young children. The project provides a window of opportunity to get them out of the vicious circle of malnutrition. Provision of nutritious food along with nutrition education and awareness to promote healthy nutritional practices are the prime activities are focused under the project to prevent children and their mothers in the target areas from becoming them malnourished.

### **Progress Updates**

The field activities have not been started yet due to certain engagements with project spared work (Planning, ToTs, recruitment, office establishment etc) which is reflected above under monthly highlights.

District	Beneficiaries			Food (MT)		
	Planned	Achieved	% achievement	Planned	Distributed	% achievement

### **Operational Issues**

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### **MONITORING FINDINGS**

**OPERATIONAL PLAN: [August, 2013]**

District	Total Beneficiaries		Total	Total Food Requirement (MT)
	MAM	PLW		
<b>PRRO 200250</b>				
Muzaffarabad	1000	1000	2000	14.8
Huttian	550	400	950	6.71
Neelum	700	500	1200	8.45
Havali	500	400	900	6.445
<b>Total</b>	<b>2750</b>	<b>2300</b>	<b>5050</b>	<b>36.405</b>

### Summary of District Wise CNP Initiative (SFP/OTPs) July-2013

District	Planned SFPs	Functional SFPs	Planned OTPs	Functional OTPs

### SUCCESS STORY and pictures



5 days training of trainers (TOT) on Community Nutrition Program jointly organized by WFP, UNICEF and WHO in Muzaffarabad AJK

